

TROUSDALE COUNTY SENIOR CENTER

SEPTEMBER 2016 CALENDAR

270 MARLENE STREET - HARTSVILLE, TN 37074

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GINNY HUNTER * CENTER DIRECTOR

STEPHANIE WHITE * ACTIVITIES COORDINATOR - CHARITY REED * FITNESS INSTRUCTOR

RUBY PITRE * MEALS-ON-WHEELS - 615-374-3987



**FUNDED BY: HARTSVILLE/TROUSDALE COUNTY GOVERNMENT AND
THE GREATER NASHVILLE REGIONAL COUNCIL AREA AGENCY AND DISABILITY**

SPECIAL THANK YOU'S

CITIZENS BANK - BIRTHDAY DINNER * OLD TIME EXPRESS - BINGO

SUNCREST - BLOOD PRESSURE CHECK * TROUSDALE BANK & TRUST - BIRTHDAY CAKE

HARTSVILLE PRINTING - NEWSLETTER SUPPLIES * COMPREHENSIVE CARE - BLOOD PRESSURE CHECK

TROUSDALE MEDICAL CENTER - BIRTHDAY DINNER * GENTIVA - BINGO

DEAR HARTSVILLE SENIORS:

THURSDAY, SEPTEMBER 1ST *INDIAN LAKES MALL-LUNCH A SAX DELI-TJ MAXX, KOHLS

TUESDAY, SEPTEMBER 6TH * 11:00 JEWELRY CLASS - 1:00 BINGO BY GENTIVA

THURSDAY, SEPTEMBER 8TH * 8:30 TRIP TO FONTANEL-DISTILLERY-LUNCH

MONDAY, SEPTEMBER 12TH * 1:00 BINGO BY OLD TIME EXPRESS

TUESDAY, SEPTEMBER 13TH * 11:00 CURRENT EVENTS

THURSDAY, SEPTEMBER 15TH * 2:30 TRAIN RIDE - DINNER AT HARD ROCK CAFE

MONDAY, SEPTEMBER 19TH * 11:30 MYSTERY LUNCH

TUESDAY, SEPTEMBER 20TH * 10:30 CRAFTS W/HATS

THURSDAY, SEPTEMBER 22ND * 12:00 BIRTHDAY DINNER

MONDAY, SEPTEMBER 26TH * WII BOWL W/HATS

TUESDAY, SEPTEMBER 27TH * 11:00 HALLOWEEN CRAFT

**THURSDAY, SEPTEMBER 29TH * 9:30 TRIP TO ASHLAND CITY - LUNCH AT RIVERVIEW
RESTAURANT AND BLUE HERON CRUISE**

****MONDAY, SEPTEMBER 5TH - CENTER CLOSED FOR LABOR DAY****

REMINDERS!!!! - WII BOWLING, MONDAYS * BINGO, 1ST & 2ND MONDAY

ZUMBA, MONDAYS * YOGA, TUESDAY & FRIDAYS * AFEP, TUESDAYS AND FRIDAYS *

TAI CHI , FRIDAYS * LINE DANCING, WEDNESDAYS * ROOK, WEDNESDAYS & FRIDAYS

BIBLE STUDY, WEDNESDAYS

****HEALTHWAYS "SILVER SNEAKERS" EXERCISE IS THE MSROM FITNESS PROGRAM****

SEPTEMBER BIRTHDAYS

ANGELA PADGETT - SEPT 4TH

JULIE DUPLICHAN - SEPT 7TH

NAN WRIGHT - SEPT 12TH

JOANN WOODARD - SEPT 19TH

GINNY HUNTER SEPT 21ST

JOSEPHINE MORGAN - SEPT 25TH



AUGUST DONATIONS

LEON FUQUA - PAPER PRODUCTS

