

TROUSDALE COUNTY SENIOR CENTER

OCTOBER 2016 CALENDAR

270 MARLENE STREET - HARTSVILLE, TN 37074

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GINNY HUNTER * CENTER DIRECTOR

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**FUNDED BY: HARTSVILLE/TROUSDALE COUNTY GOVERNMENT AND
THE GREATER NASHVILLE REGIONAL COUNCIL AREA AGENCY AND DISABILITY**

SPECIAL THANK YOU'S

CITIZENS BANK - BIRTHDAY DINNER * OLD TIME EXPRESS - BINGO

SUNCREST - BLOOD PRESSURE CHECK * TROUSDALE BANK & TRUST - BIRTHDAY CAKE

HARTSVILLE PRINTING - NEWSLETTER SUPPLIES * COMPREHENSIVE CARE - BLOOD PRESSURE CHECK

TROUSDALE MEDICAL CENTER - BIRTHDAY DINNER * GENTIVA - BINGO

DEAR HARTSVILLE SENIORS:

TUESDAY, OCTOBER 4TH * 11:00 TRIVIA AND FAMILY FEUD
THURSDAY, OCTOBER 6TH * 8:00 TRIP - BOTTOM VIEW FARMS - LUNCH
TUESDAY, OCTOBER 11TH * 11:00 HOLIDAY CRAFT BY AGING IN PLACE
THURSDAY, OCTOBER 13TH * 8:00 MALL TRIP - COOL SPRINGS
MONDAY, OCTOBER 17TH * 11:30 MYSTERY LUNCH
MONDAY, OCTOBER 24TH * 12:00 HIGHPOINT SPEAKER - BRING SIDE DISH
TUESDAY, OCTOBER 25TH * 11:00 CURRENT EVENTS - 12:30 FALL CRAFT
THURSDAY, OCTOBER 27TH * 12:00 BIRTHDAY DINNER
MONDAY, OCTOBER 31ST * 11:00 HALLOWEEN PARTY



****MONDAY, OCTOBER 5TH & 19TH - PLAY CORNHOLE****

THURSDAY, OCTOBER 20TH - CENTER CLOSED FOR FUND RAISER

FRIDAY, OCTOBER 21ST - BREAKFAST FUND RAISER

SATURDAY, OCTOBER 29TH - ROAD BLOCK FUND RAISER

**REMINDERS!!!! - WII BOWLING, MONDAYS * BINGO, 1ST & 2ND MONDAY
ZUMBA, MONDAYS * YOGA, TUESDAY & FRIDAYS * AFEP, TUESDAYS AND FRIDAYS *
TAI CHI , FRIDAYS * LINE DANCING, WEDNESDAYS * ROOK, WEDNESDAYS & FRIDAYS
BIBLE STUDY, WEDNESDAYS**

****HEALTHWAYS "SILVER SNEAKERS" EXERCISE IS THE MSROM FITNESS PROGRAM****

OCTOBER BIRTHDAYS

Larry Miller - Oct 6th

Barbara Gregory - Oct 11th

Mary Howell - Oct 15th

Margaret Carman - Oct 16th

Sandra Traini - Oct 21st



SEPTEMBER DONATIONS

Leon Fuqua - Paper Products &
Monetary donation

Linda Case - Water

Suzy Morrell - Magazines

