October 2016 Calendar

CENTER HOURS:
MONDAY - FRIDAY
8:30AM - 3:00PM

Mon	Tue	Wed	Thu	Fri	
					1
2	3 9:00 Zumba 10:00 Wii Bowling 1:00 Bingo by Gentiva	4 9:00 AFEP Exercise 10:00 S Sneakers Yoga **11:00 Trivia/Fam Feud**	5 9:00 Line Dancing **10:30 Cornhole** 12:00 Rook 1:00 Bible Study	6 **8:00 Trip** **Bottom View Farms** **Tour - HayRide** **Pumpkin - Lunch**	7 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	8
9	10 9:00 Zumba 10:00 Wii Bowling 1:00 Bingo by Old Time Express	11 9:00 AFEP Exercise 10:00 S Sneakers Yoga **11:00 Craft** **by Aging in Place**	12 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	13 **8:00 Trip** **Cool Springs Galleria** **Lunch At** **Macaroni Grill**	14 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	15
16	17 9:00 Zumba 10:00 Wii Bowling 11:30 Mystery Lunch	18 9:00 AFEP Exercise 10:00 S Sneakers Yoga 10:30 Crafts w/HATS	19 9:00 Line Dancing @Assist Living **10:30 Cornhole** 12:00 Rook 1:00 Bible Study	20 Center Closed for Fund Raiser	21 **7:00 - 10:00** **FUND RAISER** **BREAKFAST @** **Community Center** 12:00 Rook	22
23	24 9:00 Zumba 10:00 Wii w/HATS **12:00 Speaker & Lunch** **by Highpoint Hospice** **Bring side dish**	25 9:00 AFEP Exercise 10:00 S Sneakers Yoga **11:00 Current Events** **by Wilson Bank** ***12:30 Fall Craft***	26 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	27 11:30 BP by Suncrest **12:00** **Birthday Dinner**	28 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	29 **ROAD BLOCK** **FUND RAISER**
30	31 9:00 Zumba **11:00**					

PLEASE BE CONSIDERATE:
IF GOING ON A TRIP - PLEASE DO NOT
WEAR ANY PERFUMES OR LOTIONS.....
MANY PEOPLE ARE ALLERGIC