

TROUSDALE COUNTY SENIOR CENTER

NOVEMBER 2016 CALENDAR

270 MARLENE STREET - HARTSVILLE, TN 37074

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GINNY HUNTER * CENTER DIRECTOR

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FUNDED BY: HARTSVILLE/TROUSDALE COUNTY GOVERNMENT AND THE GREATER NASHVILLE REGIONAL COUNCIL AREA AGENCY AND DISABILITY

SPECIAL THANK YOU'S

CITIZENS BANK - BIRTHDAY DINNER * OLD TIME EXPRESS - BINGO

SUNCREST - BLOOD PRESSURE CHECK * TROUSDALE BANK & TRUST - BIRTHDAY CAKE

HARTSVILLE PRINTING - NEWSLETTER SUPPLIES * COMPREHENSIVE CARE - BLOOD PRESSURE CHECK

TROUSDALE MEDICAL CENTER - BIRTHDAY DINNER * GENTIVA - BINGO

DEAR HARTSVILLE SENIORS:

TUESDAY, NOVEMBER 1ST * 11:00 CRAFTS W/HATS

THURSDAY, NOVEMBER 3RD * 9:00 TOUR MIKIE COOGAN CHRISTMAS TREES

LUNCH AT TIMBERLOFT

TUESDAY, NOVEMBER 8TH * 9:00 MANICURE/PEDICURE DAY - "VOTE!"

THURSDAY, NOVEMBER 10TH * 8:00 MALL TRIP - BOWLING GREEN MALL

LUNCH AT CHANEY'S DAIRY BARN

TUESDAY, NOVEMBER 15TH * 9:00 WII BOWLING TOURNAMENT

THURSDAY, NOVEMBER 17TH * 12:00 THANKSGIVING/BIRTHDAY DINNER

TUESDAY, NOVEMBER 22ND * 9:00 MANICURE/PEDICURE DAY

11:00 CURRENT EVENTS BY WILSON BANK & TRUST

TUESDAY, NOVEMBER 29TH * 9:00 - 1:00 SHIPP APPT'S FOR HELP WITH MEDICARE

11:30 HOLIDAY CRAFT



****MONDAY, NOVEMBER 2ND & 16TH - PLAY CORNHOLE****

CENTER CLOSED

FRIDAY NOVEMBER 11TH - VETERAN'S DAY

THURSDAY NOVEMBER, 24TH & FRIDAY NOVEMBER 25TH - THANKSGIVING HOLIDAY

REMINDERS!!!! - WII BOWLING, MONDAYS * BINGO, 1ST & 2ND MONDAY

ZUMBA, MONDAYS * YOGA, TUESDAY & FRIDAYS * AFEP, TUESDAYS AND FRIDAYS *

TAI CHI , FRIDAYS * LINE DANCING, WEDNESDAYS * ROOK, WEDNESDAYS & FRIDAYS

BIBLE STUDY, WEDNESDAYS

****HEALTHWAYS "SILVER SNEAKERS" EXERCISE IS THE MSROM FITNESS PROGRAM****

NOVEMBER BIRTHDAYS

Susanne Dake - Nov 6th

Martha Bode - Nov 12th

Carrie Carr - Nov 18th

Carroll Carman - Nov 18th

Suzy Morrell - Nov 23rd

Kassie Hassler - Nov 28th



OCTOBER DONATIONS

Leon Fuqua - Paper Products

Linda Case - Books

Suzy Morrell - Yard Decorations/Magazines

Linda Spears - Craft Supplies

Betty Carr - Water

