November 2016 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:00 AFEP Exercise 10:00 S Sneakers Yoga **11:00 Crafts w/HATS**	2 9:00 Line Dancing **10:30 Cornhole** 12:00 Rook 1:00 Bible Study	3 **9:00 Tour** **Mikie Coogan** **Christmas Trees** **Lunch at Timberloft**	4 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	5
6	7 9:00 Zumba 10:00 Will Bowling 1:00 Bingo by Gentiva	8 9:00 AFEP Exercise 9:00 Manicure/Pedicure 10:00 S Sneakers Yoga © Can Stock Photo	9 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	10 **9:00** **Bowling Green Mall** **Lunch At** **Chaney's Dairy Barn**	11 **CENTER CLOSED** 	12
13	14 9:00 Zumba 10:00 Will Bowling 1:00 Bingo by Old Time Express	15 **9:00 Wii BOWLING TOURNAMENT w/Murfreesboro & Hendersonville**	16 9:00 Line Dancing @ Assisted Living **10:30 Cornhole** 12:00 Rook 1:00 Bible Study	17 **11:30 BP** **by Suncrest** **12:00** **Thanksgiving/Birthday Dinner**	18 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	19
20	21 9:00 Zumba 10:00 Will Bowling 11:30 Mystery Lunch	22 9:00 AFEP Exercise 9:00 Manicure/Pedicure 10:00 S Sneakers Yoga **11:00 Current Events** **by Wilson Bank & Trust**	23 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	24 **CENTER CLOSED** 	25	26
27	28 9:00 Zumba 10:00 Will Bowling with HATS	29 9:00 AFEP Exercise **9:00-1:00 SHIPP - Help w/Medicare Changes** 10:00 S Sneakers Yoga **11:30 Holiday Craft**	30 9:00 Line Dancing 12:00 Rook 1:00 Bible Study			