

TROUSDALE COUNTY SENIOR CENTER

AUGUST 2016 CALENDAR

Go Jackets!



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**FUNDED BY: HARTSVILLE/TROUSDALE COUNTY GOVERNMENT AND
THE GREATER NASHVILLE REGIONAL COUNCIL AREA AGENCY AND DISABILITY**

SPECIAL THANK YOU'S

CITIZENS BANK - BIRTHDAY DINNER * OLD TIME EXPRESS - BINGO

SUNCREST - BLOOD PRESSURE CHECK * TROUSDALE BANK & TRUST - BIRTHDAY CAKE

HARTSVILLE PRINTING - NEWSLETTER SUPPLIES * COMPREHENSIVE CARE - BLOOD PRESSURE CHECK

TROUSDALE MEDICAL CENTER - BIRTHDAY DINNER * GENTIVA - BINGO

DEAR HARTSVILLE SENIORS:

MONDAY, AUGUST 1ST * 10:30 WII BOWL - 1:00 BINGO BY GENTIVA

TUESDAY, AUGUST 2ND * 11:00 TRIVIA/FAMILY FEUD

THURSDAY, AUGUST 4TH * 8:00 BRAIN GAMES COMPETITION

FRIDAY, AUGUST 5TH * 6:00 FAMILY FEUD COMPETITION

MONDAY, AUGUST 8TH * 10:30 WII BOWL - 1:00 BINGO BY OLD TIME EXPRESS

TUESDAY, AUGUST 9TH * 9:00 MANICURE/PEDICURE - 11:00 JEWELRY CLASS

THURSDAY, AUGUST 11TH * 9:00 MALL TRIP, BOWLING GREEN

LUNCH AT CORNER BAKERY

MONDAY, AUGUST 15TH * 10:30 WII BOWL

TUESDAY, AUGUST 16TH * 10:30 CRAFT CLASS W/HATS

THURSDAY, AUGUST 18TH * 7:45 TRIP AMISH WELCOME CENTER

LUNCH AT CROCKETT'S MALL

MONDAY, AUGUST 22ND * NO ZUMBA - 10:30 WII W/HATS

2:15 TRIP TO WILSON COUNTY FAIR

TUESDAY, AUGUST 23RD * 9:00 MANICURE/PEDICURE

THURSDAY, AUGUST 25TH * 12:00 BIRTHDAY DINNER

MONDAY, AUGUST 29TH * 11:30 MYSTERY LUNCH

REMINDERS!!!! - WII BOWLING, MONDAYS * BINGO, 1ST & 2ND MONDAY

ZUMBA, MONDAYS * YOGA, TUESDAY & FRIDAYS * AFEP, TUESDAYS AND FRIDAYS *

TAI CHI, FRIDAYS * LINE DANCING, WEDNESDAYS * ROOK, WEDNESDAYS & FRIDAYS

BIBLE STUDY, WEDNESDAYS

****HEALTHWAYS "SILVER SNEAKERS" EXERCISE IS THE MSROM FITNESS PROGRAM****

AUGUST BIRTHDAYS

BETTY CARR - AUGUST 1ST

RONNIE WILLOUGHBY - AUGUST 3RD

LINDA CASE - AUGUST 5TH

BARB WILLOUGHBY - AUGUST 12TH



JULY DONATIONS

LEON FUQUA - PAPER PRODUCTS

MARGARET CARMAN - MONETARY DONATION

SUE MCKEE - MAGAZINES

BARBARA GREGORY - PAPER PRODUCTS

SUZY MORRELL - MAGAZINES

