August 2016 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CENTER HOURS: **MONDAY - FRIDAY** **8:30AM - 3:00PM**	1 9:00 Zumba 10:30 Wii Bowl 1:00 Bingo By Gentiva	2 9:00 AFEP Exercise 10:00 S Sneakers Yoga 11:00 Trivia/Fam Feud	3 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	4 **8:00 Trip** **to the Brain Games** 	5 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga **6:00** **FAMILY FEUD @** **HIGH SCHOOL**	6
7	8 9:00 Zumba 10:30 Wii Bowl 1:00 Bingo By Old Time Express	9 9:00 AFEP Exercise 9:00 Manicure/Ped 10:00 S Sneakers Yoga **11:00 Jewelry Class**	10 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	11 **9:00 Trip** **Bowling Green Mall** **Lunch @** **Corner Bakery**	12 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	13
14	15 9:00 Zumba 10:30 Wii Bowl	16 9:00 AFEP Exercise 10:00 S Sneakers Yoga 10:30 Crafts w/HATS	17 9:00 Line Dancing @ Assisted Living 12:00 Rook 1:00 Bible Study	18 **7:45 Trip** **Amish Welcome Center** **Lunch At** **Crockett's Mill** **Restaurant**	19 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	20
21	22 **NO ZUMBA** 10:30 Wii Bowl w/HATS **2:15 Trip** **Wilson County Fair**	23 9:00 AFEP Exercise 9:00 Manicure/Ped 10:00 S Sneakers Yoga	24 9:00 Line Dancing 12:00 Rook 1:00 Bible Study	25 11:30 BP Check by Suncrest **12:00** **Birthday Dinner**	26 9:00 AFEP Exercise 10:00 Tai Chi 11:00 S Sneakers Yoga 12:00 Rook	27
28	29 9:00 Zumba 10:30 Wii Bowl **11:30 Mystery Lunch**	30 9:00 AFEP Exercise 10:00 S Sneakers Yoga	31 9:00 Line Dancing 12:00 Rook 1:00 Bible Study			

PLEASE BE CONSIDERATE:
IF GOING ON A TRIP - PLEASE DO NOT
WEAR ANY PERFUMES OR LOTIONS.....
MANY PEOPLE ARE ALLERGIC

YELLOW Jackets